

## DISCUSSION QUESTIONS

For the week of May 7, 2023

One of the best things you can do after hearing truths from the Word of God is to talk about them with others. Here are some questions to help get the conversation started. (hint: the first couple of questions are meant to “break the ice” and get people talking)

- What was the first movie that you remember seeing in the theatre?
- What is your favorite movie that involves a “comeback” story?
- We talked about ‘rebuilding’ after temptation. Share a story about someone (or yourself) that was able to ‘rebuild’ after temptation.
- The first step was ‘get sad.’ See Nehemiah 1:1-4. Talk about the importance of processing emotions and grieving losses in rebuilding.
- The second step was ‘get real’ (through confession). See Nehemiah 1:5-7. Talk about the importance of confession/repentance in rebuilding.
- The third step was ‘get vulnerable.’ See Nehemiah 2:1-4. Talk about this statement, “In confession, you reveal your most embarrassing self, but the more comfortable you become with admitting your insecurities and desires, the less power they have in your life. Being honest doesn’t magically make your desires go away, but there is something supernatural that happens when you let another person know the truth about your condition. Sin’s logic begins to unravel when you say out loud what you’ve been holding inside.”
- Nehemiah did not rebuild alone. Talk about this statement, “Beating temptation is a community project.” How have you see this as true?
- Compare Nehemiah 4:16-18 with Romans 12:21. The last step was ‘get building.’ Why is it dangerous for our focus to be solely upon avoiding evil, and not upon doing good?
- Which of these do you find most important in your life right now? Get sad, real, vulnerable, surrounded, small, protected, or building?
- Take some time to pray together.

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