

DISCUSSION QUESTIONS

For the week of April 30, 2023

One of the best things you can do after hearing truths from the Word of God is to talk about them with others. Here are some questions to help get the conversation started. (hint: the first couple of questions are meant to “break the ice” and get people talking)

- What is the most beautiful place you’ve ever visited, or what to visit?
- Have you ever had an incident with, or a close encounter, with a guardrail?
- What are some personal guardrails you have set up for your finances? Friendships? Sexuality? Mental health? Physical health? Employment?
- Josh said that some of our greatest regrets could have been avoided if we had set up guardrails. Is this statement true for you?
- Read I Corinthians 6:18, 10:14, I Timothy 6:10-11, and II Timothy 2:22. Why does it make sense to build seemingly extreme guardrails in order to keep you spiritually safe?
- Read Ephesians 5:15-17. Which phrases from those two verses resonate with you the most? To which are you most prone, careless or careful living? In what area of your life could you benefit from establishing a guardrail?
- Those that don’t want to wear a seat belt tend to believe, “I’ll be fine.” Why is it so easy for us to have this same mentality concerning guardrails around the most vulnerable parts of our lives?
- Last week, we tried to identify the lie that led to the behavior. This week we’re trying to identify the people, place, and circumstances that led to the behavior. Who/what are people, places, and circumstances that are a struggle for you? What are some guardrails that you can establish?
- Read Matthew 6:13 and 26:41. How might these prayers be a guardrail?
- Take some time to pray together.

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