

DISCUSSION QUESTIONS

For the week of April 18, 2021

One of the best things you can do after hearing truths from the Word of God is to talk about them with others. Here are some questions to help get the conversation started. (hint: the first couple of questions are meant to “break the ice” and get people talking)

- Would you rather travel the world for a year on a shoestring budget or stay in only one country for a year but live in luxury?
- Since we’re talking about conflict/drama, what’s one of your favorite movies/tv shows of all time?
- Read Philippians 4:4. What was the last thing that you “rejoiced in the Lord” about?
- Why is it hard to rejoice in the Lord “ALWAYS?” Have you found a way to rejoice even in the difficult times?
- Read Philippians 4:5. Why is it hard to show gentleness/patience (moderation) to ALL men? Have you found a way to do this, even with difficult people?
- What kinds of things do you worry about?
- Philippians 4:6 is very similar to Matthew 6:24. Read Mt. 6:24-30 and talk about WHY we shouldn’t worry, or be anxious.
- According to Philippians 4:6, how do we overcome worry/anxiety?
- Of the three things in Philippians 4:4-6 (rejoicing, restraint, and replacing), which is easiest/hardest for you? How can vs. 7-9 help you in that struggle?
- Take some time to pray together.

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