

DISCUSSION QUESTIONS

For the week of August 16, 2020

One of the best things you can do after hearing truths from the Word of God is to talk about them with others. Discuss these questions:

- Would you rather be able to talk with the animals or speak in all foreign languages?... Would you rather be without internet for a week, or without your phone?
- Of the three anger personalities, Spewers, Stuffers, & Leakers, which one best describes you?
- Read I Samuel 18:10-15. What are some of the clear differences in these verses for why Saul was an angry person & David was not?
- Read I Samuel 20:30-31. Anger is a symptom not a solution. What are often some of the 'deeper reasons' for our surface anger towards our children? How does the 'tip of the iceberg' analogy help you better understand this?
- Read Galatians 5:16. How does this verse apply to anger? Do you think our children know whether or not we are walking in the Spirit?
- Did 'parent' anger in your life produce any 'child anger' in you?
- Read Prov. 22:24-25. Is there any way to reconcile this principle for children who live with anger in the home? What are some of the inevitable consequences of dysfunctional anger in a home?

Discuss the 5 ways to deal with anger in the home:

1. Don't try to even the score
 2. Don't ever discipline out of anger
 3. Slow Down
 4. Put off the old man(anger) and put on the new man (Christ)
 5. Learn to apologize
- Which of these do you struggle with the most?

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