

## DISCUSSION QUESTIONS

For the week of May 10, 2020

One of the best things you can do after hearing truths from the Word of God is to talk about them with others. Here are some questions to help get the conversation started. (hint: the first couple of questions are meant to “break the ice” and get people talking)

- Would you rather be rich and ugly, or poor and good looking?
- What is one of your favorite memories of your mother?
- What is it about isolation that causes us to seek it?
- One group of researchers said that “the magnitude of risk presented by social isolation is very similar in magnitude to that of obesity, smoking, lack of access to care, and physical inactivity.” How have you seen isolation/loneliness harm people physically, emotionally, or spiritually?
- Name some of the ways that God had provided for Elijah throughout chapters 17-19. He had either disregarded, or forgotten, these things. What are some of the things that God has done (or is doing) that we tend to disregard (or forget) while feeling isolated/lonely?
- Why did Elijah isolate himself? (See I Kings 19:1-2) He saw this as a “worst case scenario.” Are you tempted to see your trials in a similar way? In these times, who is it that helps you talk through them?
- “God works IN us so that He can work THROUGH us.” God gave Elijah someone to help. Can you remember a time that you, or someone you know, helped someone else during your own trial? How did God use it?
- Take some time to pray together.

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