



SERMON NOTES

"Reducing Regret"
Week Two: Refocusing on Christ
James 4

1. **OPTIONS** - Decision To Be Made (vs. 7)

- No man is without a **MASTER**

2. **OUTCOME** - Decisions Have Consequences (vs. 1-7)

- Many, if not all, of the biggest regrets of life are nothing more than the results of choices that were made with **SELFISH** motives

3. **OUTLINE** - Decisions Require Action (vs. 8-15)

- Eph. 2:13, Eph. 1:7
- **CLEANSE** your hands and heart (mind) (vs. 8-10)
 - II Cor. 7:1
- Don't speak **EVIL** of others (vs. 11-12)
- Seek God's **DIRECTION** for your future (vs. 13-15)
 - God is infinitely more qualified to **DIRECT** my path than I am

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LIFEGROUP STUDY QUESTIONS

For the week of February 9, 2020

MY STORY

What age do you consider to be "old?" Please explain.

What is something that you plan to do when you get "old" that you are not doing right now?

What are the top three things on your "bucket list?" (the things you want to do before you "kick the bucket")

What's one thing from this week's sermon that you hope we talk about as a group?

DIGGING DEEPER

We talked about the sudden death of Kobe Bryant and how it reminds us that our lives are like a "vapor." Is there anything else in life that reminds you of this truth?

Read Proverbs 27:1. How does remembering this truth change the way we live?

The three enemies of every believer are the world, the flesh, and the devil. Read I Jn. 2:15-16 and talk about the different types of temptations that each of these offer.

"No man is without a master." What does this statement mean?

Read Galatians 2:20 and 5:24. What are some examples of decisions that are based on selfish motives (that lead to regrets)?

James talked about "cleansing our hands." We read II Cor. 7:1. It used the word "therefore." What was the reasoning Paul gave to the Corinthians for "cleansing themselves" in II Cor. 6:14-18?

James said not to speak evil of others. What is the most frequent way that you struggle with this?

What does it look like for a believer to seek God's direction for their future? Is it simply tagging the words "Lord willing" to our plans, or is there more to it than that? (4:15)

TAKING IT HOME

Is there anything you need to do as a result of what you've learned this week?

What would it look like for you to "refocus on Christ?"

Which is more difficult for you: Cleansing your hands? Cleansing your heart/mind? Not speaking evil of others? Or seeking God's direction for your life?